



Archdiocese of Birmingham  
**St. Mary's Catholic Academy**

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Friday, 27<sup>th</sup> October 2023

Dear Parents,

**Cheeky Champions Challenge**

As a Collegiate we want to challenge all of the children in our Early Years and Foundation Stage to master moving their body in a range of ways – which has led to our Cheeky Champions challenge!

Various studies have shown that children have a better chance of becoming physically literate if they master the big 6 before they're 6! (Running, Stopping, Jumping, Hopping, Throwing & Catching)

A large group of staff within the Collegiate have worked together to agree on the Cheeky Champion challenges – they align with your child's early learning goals and if they work on these areas, it will help them develop fantastic gross and fine motor skills.

Our staff will tick each challenge off as they achieve them – but you have a HUGE role in helping your child to develop physically. Any opportunities you take to help them to move now will really help them as they grow older and develop good habits!

With three levels to the challenge, I look forward to seeing how much our Cheeky Champions can achieve!

Yours sincerely,

Mr. Sigley,

Newman Catholic Collegiate P.E Specialist